

Feeding the Birds

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The principle is that nothing exists: only the greatest God exists. But, unfortunately, we must confront this deception that has been placed before our eyes, and amidst all this deception, we must do our part in the world. Therefore, I tell you truly, we are the only sincere ones, and in all sincerity, we must strive to do good. Aware that nothing exists and that only the greatest God exists, and therefore aware of the deception, we must do our part; and it is by doing our part that we are enabled, because we prove ourselves sincere (the only sincere ones are we) and therefore we are worthy of eternity in peace and security.

It doesn't take much to do our part: just remember that we are humble stewards of the world. What we possess is not ours forever, but only temporarily; therefore, don't cling to what you are only temporarily managing. Truly, I tell you, a good steward will have more; but a bad steward, or one who is unwilling to do his part in the world, will have even what little he has taken away.

We are stewards of the world, but of what? Not just of our children or, in general, of our family members, but of anyone in need. If we are in a situation where no one needs us, we can still do our part in the world, even just by feeding animals. It is a noble thing to own animals to feed, so that you can enjoy their benefits like milk, eggs, and wool; but it is even more noble to feed them freely, without expecting anything in return from the animal, like feeding birds, for example. It is a good deed that many can do, but that almost everyone neglects. This is what I mean by doing your part in the world: with good deeds, your life will change for the better. You can save yourself from a life filled with boredom and despair with good deeds that may seem very small, but you don't even realize their immense weight in the divine scale.

We are inferior to God, yet God gives us what we need. Animals are seen as inferior to humans, but just as God cares for us humans, we have a duty to care for animals; and the more we help our fellow humans and animals, the more we will be helped by God. The universal law is that if one sows well, one reaps well: it is impossible to sow wheat and then harvest tomatoes.

Many men seek inner peace. To achieve it, put these teachings into practice, not because you've just read them, but reflect: is it right? Are they valid teachings? If your reason confirms it, do it; you will not regret it. Indeed, when you feel better (because you will feel better), do not become proud and do not forget to do the good you began to practice, but be persevering. Give your life a purpose: truly, I say to you, the man without purpose is close to madness.

So, if you start filling the birds' bowls outside your balconies, or feeding other animals outside your doors, don't allow the bowl to remain empty and the animals hungry when things get better. Persevere. And when you begin to smile at your loved ones, don't let those smiles go away again. And when your tables are filled with every good thing God has to offer, don't let them go empty again. Practice these teachings and share them with everyone, so that you too may sow and at harvest time you won't be empty-handed.

Don't speak ill of anyone, please; it's brutal. By speaking ill of people, you might be speaking ill of someone dearly loved by God; in that case, you could be deprived of God's grace, his protection, his blessings. Therefore, don't speak ill of anyone; indeed, if bad thoughts about someone come to you, fight them by immediately thinking of something positive and beautiful. What is base must have no place in you.